

February 28, 2025

As part of the “People-Friendly Factory Creation Activities,” training was conducted for employees to experience menstrual pain

TACHI-S Co., Ltd. (President, CEO&COO: Yuichiro Yamamoto, Headquarters: Ome City, Tokyo) conducted a menstrual pain experience training at TACHI-S Aichi Plant (Anjo City, Aichi Prefecture) on February 20, 2025.

The training was part of TACHI-S's “People-Friendly Factory Creation Activities,” a series of activities that TACHI-S has been undertaking since the current fiscal year with the aim of realizing manufacturing that is open to all and creating workplaces where employees can work comfortably. The training was attended by 24 participants, including the plant manager and other managers, and included a seminar on basic knowledge such as the mechanism of menstruation, a simulated menstrual pain experience, and a workshop based on this experience. The simulated experience included tightening screws and bolts, lifting heavy objects from a cart, etc., using the “Perionoid,” a device for experiencing menstrual pain with the cooperation of Linkage, Inc. Participants commented that they could not concentrate on their work if they had pain while working, and that it was difficult to exert effort when lifting heavy objects. The event provided an opportunity for each employee to think about creating a workplace environment where it is easy to discuss menstrual pain and concerns, and to consider how to treat and care for those in different positions.



Period pain experience device “Perionoid”



Seminar on basic knowledge of menstruation



Wearing the “Perionoid” and tightening screws or bolts. He is unable to maintain correct posture and concentration.

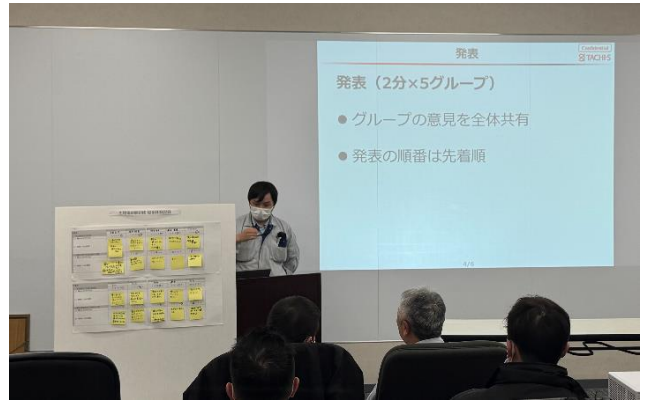


Wearing a “Perionoid” and lifting heavy objects from a cart. Pain prevents him from standing up straight and he has no strength in his arms.



Wearing a “Perionoid” looking for a posture that relieves pain.

The comfortable posture varies from person to person, such as sitting or lying down.



The workshop based on simulated experience.

We will continue our “People-Friendly Factory Creation Activities” with a view to conducting training at other business sites.

TACHI-S respects the personality and individuality of each employee and their diversity, and by ensuring a safe and comfortable working environment, TACHI-S is committed to creating a vibrant and rewarding workplace where both employees and the company can grow together.

■ Overview of Linkage, Inc.

Linkage, Inc. provides a variety of online health support services, including smoking cessation support services.

Corporate website : <https://linkage-inc.co.jp/>

Menstrual Pain Experience Official Website

: <https://sites.google.com/view/ohc-period/home?authuser=2>

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